

TOM WARD

Expedition Guide

@ ward_t@outlook.com

+447593252407

EXPERIENCE

Lead Activity Guide

Hurtigruten Expeditions

May 2022 - Present

Antarctica + Arctic

- Working on an expedition cruise ship in Polar regions (Antarctica, Greenland, Svalbard, Iceland, Scandinavia), delivering sea kayak, hiking + SUP activities.
- Driving zodiac boats and leading groups in polar bear regions, requiring rifle handling.
- Managing a team of guides, delivering training, writing risk assessments, and making infield decisions in-line with SOP's.

Hiking Guide

British Army

October 2021 - April 2022

Wales

- Teaching navigation and mountain skills to army recruits, with an emphasis on mental resilience training during days out in the mountains.

Lead Sea Kayak Guide

United World College of South East Asia

April-July + Sept-Nov 2019

Malaysia

- Leading multi-day sea kayaking trips around a remote island in Johor, Malaysia.
- Managing a team of 4 other guides, and making infield decisions in-line with SOP's and risk assessments.

Sea Kayak Guide

Surface Kayak - カヤックガイドサービス

July 2019 - September 2019

Japan

- Leading sea kayak tours in various locations within the Izu Peninsula Geopark.
- Lived in an isolated Japanese village and adjusted to an unfamiliar language and culture.

Hiking Guide

Freelance

June 2018 - April 2019

Australia

- Leading multi-day hiking trips in Australian lowland and alpine environments, and facilitated group leadership skills throughout wilderness activities and scenarios.
- Companies worked for; *Absolute Outdoor Adventure- VIC, Higher Ground- QLD, Land's Edge- NSW, Santa Sabina College- NSW, Southbound- NSW.*

QUALIFICATIONS

MTA UK Summer Mountain Leader

BCU Sea Kayak Leader

WSA SUP Instructor

ACA Level 3 Coastal Trip Leader

ACA Level 4 Coastal Kayaker

First Response Emergency Care (Level 3)

EXPEDITIONS

Sahara Trek, 2023

Led a charity fundraising group during a 100km supported trek in the Sahara Desert.

Mount Toubkal, 2023

Guided two groups in the Atlas Mountains, leading 3 day treks to the summit of Toubkal (4167m).

Nepal, 2022

Led a UK group during a 19 day trip, which included a 5 day trek to the summit of Poon Hill (3210m), and conservation work in Pokhara.

UK - Albania, 2019

Cycled 4000km solo and unsupported across 10 European countries.

Australia, 2018

Led a Hong Kong group during a 28 day journey based expedition in Northern Queensland, Australia.

OTHER EXPERIENCE

Hiking and Sea Kayak Guide

Freelance

📅 December 2017 – June 2018 📍 Hong Kong / China

- Leading hiking and kayaking tours. Excursions include; hill walks, stream treks, day and overnight tours using enclosed sea kayaks, and occasionally sit-on-tops.
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Outdoor Facilitator and Sea Kayak Guide

A-Team Adventures

📅 February 2017 – December 2017 📍 Hong Kong

- Managed sea kayaking department. Responsible for initial client contact, trip preparation, and guiding of day and overnight trips.
 - Worked in co-operation with local and international schools during the school residential programme. Worked both as an instructor and programme manager, handling all associated logistics and planning.
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Outdoor Instructor

Craggan Outdoors

📅 March 2016 – November 2016 📍 Scotland

- Instructor of outdoor activities, including; mountain biking, rock climbing, high ropes, kayaking and canoeing, gorge walking, archery, zip wire, raft building.
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Youth Support Worker

Llamau

📅 December 2020-April 2022 📍 Wales

- Working on a number of projects across Cardiff for Llamau, a homeless charity which aims to end homelessness for young people.
 - Building trusting relationships with young people that are living in housing projects, and assisting them in engaging with local services and opportunities.
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Youth Worker

YMCA Scotland

📅 March 2016 – November 2016 📍 Scotland

- Planning and delivering activities that were aimed at local young people, with an emphasis on informal learning opportunities which contributed to their development as active members of the community.
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EDUCATION

BA (Hons) English and Philosophy
University of Newcastle-upon-Tyne, UK

CPCAB Level 2 Award in Counselling Skills
Coleg Sir Gar, UK

Advanced Certificate in Teaching English as
a Foreign Language (TEFL)

REFERENCES

Karolin Herrle
Hurtigruten Expeditions
karolin.herrle@hurtigruten.com

Charlie Richards
Tribal Tracks
charlotte@tribaltracks.co.uk

Ben Brierley
Sea Kayak Devon
ben@seakayakdevon.co.uk
